

WASHINGTON STATE SENIOR GAMES

SUMMER 2025 INDIVIDUAL AND DOUBLES REGISTRATION

REGISTRATION INSTRUCTIONS

1. Use this entry form if you are registering for an individual event or a doubles event in badminton, bowling, racquetball, shuffleboard, table tennis, or tennis.
2. If you are registering for **ballroom dance**, use the [ballroom dance registration form](#).
3. If you are registering a **team** for basketball, soccer, softball, indoor volleyball, or beach volleyball, use the [team registration form](#).
4. For **Pickleball**, you must register and pay online at [PickleballBrackets.com](#). Online registration for Pickleball opens on March 15 at 8:00 am.

REGISTRATION DEADLINES

Your registration form must be postmarked by the deadline for the specific event(s) you are entering. The deadlines for each of the various individual and doubles events are listed on the next page.

PAYMENT INFORMATION

Please pay with a check made payable to **Washington State Senior Games**, or by supplying your credit card information on the registration form.

MAIL IN YOUR COMPLETED REGISTRATION FORM

Once you have completed your registration form and signed your waiver, mail them along with your check or credit card information to:

Washington State Senior Games
PO Box 14547
Tumwater, WA 98511-4547

Early Bird Discount

Save \$10 by mailing
your registration
forms by
May 20, 2025

Your Registration Confirmation will be mailed to you within two weeks.

If you have any questions, please call **360-413-0148** or email dianne@wasenior.games

THANK YOU TO OUR SPONSORS FOR 2025

City of Lacey • City of Olympia • City of Tumwater • Thurston County
Delta Dental of Washington • Humana • Kiley-Juergens Wealth Management
Lewis-Mason-Thurston Area Agency on Aging • Olympia Orthopaedic Associates
R.L. Angeline & Associates • Bemer Group: Linda Watermeyer • Lucky Eagle
Thurston Mason County Medical Society • Valley Athletic Club • Wembley Soccer



INDIVIDUAL & DOUBLES SPORTS

ARCHERY

Sunday, June 29

Check-in & practice:
7:30 am to 8:45 am
Competition begins:
9:00 am

Skookum Archers
11209 Shaw Rd E
Puyallup, WA 98374

Mail in deadline: June 16
OK to register day-of-event

BADMINTON

Saturday, August 9

8:00 am to 4:30 pm

**Bellevue Badminton Club
(Redmond)**

15340 NE 92nd St # B
Redmond, WA 98052

Registration deadline: July 24

BALLROOM DANCE

Saturday, June 7

9:00 am - Check-in/practice
10:00 am - Start time

The Olympia Center

222 Columbia St NW
Olympia, WA 98501

Late fee of \$25 after May 20
No early bird discount

BASKETBALL

Saturday, July 12

Hot Shot and Free Throw

8:00 am to 8:45 am
10:40 am to 11:25 am
After last 3-on-3 game

Olympia High School

1302 North St SE
Olympia, WA 98501

Teams use the Team Entry Form
Registration deadline: July 3

BEACH VOLLEYBALL

Saturday, July 12

Men's & Women's Doubles

Sunday, July 13

Coed Doubles & Coed Quads

4th Avenue Beach

5930 4th Ave S
Seattle, WA 98108

Use the Team Entry Form
Registration deadline: July 3

BOWLING

Saturday, July 12 @ 1:00 pm

Saturday, July 12 @ 3:30 pm

Sunday, July 13 @ 1:00 pm

Westside Lanes

2200 Garfield St NW
Olympia, WA 98502

Registration deadline: July 3

COWBOY ACTION SHOOTING

Sunday, July 13

8:00 am to 4:00 pm

Evergreen Sportsmen's Club

12736 Marksman Rd SW
Olympia, WA 98512

Registration deadline: July 3

CYCLING

Sunday, August 3

9:00 am - 5k Time Trial
10:00 am - 10k Time Trial
11:30 am - 40k Road Race

Boston Harbor Elementary

7300 Zangle Rd NE
Olympia, WA 98506

Mail in deadline: July 15
OK to register day-of-event

DISC GOLF

Saturday, June 28

8:00 am - Check-in begins
9:00 am - First round starts

Woodland Creek Park

6729 Pacific Ave SE
Lacey, WA 98503

Register by mail or online at
DiscGolfScene.com

GOLF

Tuesday, July 15

8:00 am - Check-in begins
9:00 am - Tee times start

Tumwater Valley

4611 Tumwater Valley Dr SE
Tumwater, WA 98501

Registration deadline: July 7

PICKLEBALL

Thu, Aug 7 Women's Doubles

Fri, Aug 8 Mixed Doubles

Sat, Aug 9 Men's Doubles

Sun, Aug 10 MW Singles

Rainier Vista Community Park

5475 45th Ave SE
Lacey, WA 98503

Register [online](#)

Registration deadline: July 29

POWER WALKING

Saturday, July 26

8:30 am

Olympia High School

1302 North St SE
Olympia, WA 98501

Mail in deadline: July 15
OK to register day-of-event

RACE WALKING

Saturday, July 26

9:00 am - 5k
11:30 am - 1500 meter

Olympia High School

1302 North St SE
Olympia, WA 98501

Registration deadline: July 15

RACQUETBALL

Date to be determined

LA Fitness - Lacey

1200 Galaxy Dr
Lacey, WA 98511

ROAD RUN 5k/10k

Sunday, July 27

7:30 am - Check-in begins
8:45 am - Start time

Tumwater High School

700 Israel Rd SW
Tumwater, WA 98501

Mail in deadline: July 15
OK to register day-of-event

ROCK CLIMBING

Friday, July 25

10:00 am Review rules
10:30 am Competition begins

Cirque Climbing

8276 28th Ct NE
Lacey, WA, 98516

Mail in deadline: July 15
OK to register day-of-event

SHUFFLEBOARD

Monday, July 14 @ 8:30 am

Tuesday, July 15 @ 8:30 am

Wednesday, July 16 @ 8:30 am

8:00 am Check-in each day

Pioneer Elementary School

1655 Carlyon Ave SE
Olympia, WA 98501

Registration deadline: July 3

SWIMMING

Sunday, July 20

8:30 am Warm up
9:30 am Competition begins

Evergreen State College

2700 Evergreen Parkway NW
Olympia, WA 98505

Registration deadline: July 11

TABLE TENNIS

Saturday, June 21

Sunday, June 22

9:00 am - Doors open
10:00 am - Matches begin

Tacoma Table Tennis Club

3623 112th St SW
Lakewood, WA 98499

Mail in deadline: June 14
OK to register day-of-event

TENNIS

Friday, June 27 @ 12:00 pm

Saturday, June 28 @ 8:00 am

Sunday, June 29 @ 9:00 am

The Valley Athletic Club

4833 Tumwater Valley Dr SE
Tumwater, WA 98501

Registration deadline: June 16

T&F - HAMMER

Sunday, July 27

8:30 am - Weigh-in/certify
10:00 am - Hammer
After hammer - Weight

Evergreen State College

2700 Evergreen Parkway NW
Olympia, WA 98505

Registration deadline: July 15

TRACK AND FIELD

Saturday, July 26

9:00 am to 3:00 pm

Olympia High School

1302 North St SE
Olympia, WA 98501

Registration deadline: July 15

TRAP SHOOTING

Monday, July 7

10:00 am to 3:00 pm

Evergreen Sportsmen's Club

12736 Marksman Rd SW
Olympia, WA 98512

Mail in deadline: June 27
OK to register day-of-event

WALKING SOCCER

Saturday, August 2

Sunday, August 3

Regional Athletic Complex

8345 Steilacoom Road SE
Lacey, WA 98513

Register as an individual for
Walking Soccer [online](#)

TEAM SPORTS

Beach Volleyball

Basketball 3-on-3

Soccer

Softball

Volleyball (indoor)

Use the Team Entry Form

WAIVER OF LIABILITY AND PAYMENT

THIS WAIVER MUST BE SIGNED AND RETURNED WITH YOUR ENTRY FORM AND PAYMENT

AGREEMENT, RELEASE AND WAIVER OF LIABILITY

It is my intent as a participant or player competing in the Washington State Senior Games sanctioned activities, while participating during activities that I am agreeable to the following:

- ✓ I acknowledge that I am aware that there are risks to me of exposure to directly or indirectly arising out of, contributed to, by, or resulting from an outbreak of any and all communicable disease.
- ✓ In consideration of having the opportunity to participate as either a team member or competitor, and in acknowledging that I am aware of and willing to assume the risks associated with this activity, I hereby voluntarily agree to waive, hold harmless and indemnify Washington State Senior Games and its Board of Directors, National Senior Games Association, agents, volunteers, staff, coaches, trainers, officials, partner cities and sponsors, or others affiliated with the Games from any and all claims, demands, damages and causes of action of any nature whatsoever arising out of ordinary negligence which I, my heirs, my assigns or successors may have against them for, on account of, or by reason of my preparation for or my participation in the Washington State Senior Games.
- ✓ I recognize and voluntarily accept all risks associated with my participation in the event, no matter how remote or unlikely. I realize that my activity may well include serious bodily injury, catastrophic spinal injury (including total or partial paralysis), permanent impairment, brain damage, and even death. I recognize that these injuries may be sustained by me from falling, tripping, being pushed, running, striking or being struck by a spectator, another participant, a vehicle, equipment used in the event, and the like.
- ✓ As an adult, I take full responsibility for my participation in this event and for the level at which I choose to participate. I have no impairment, physical or mental, that should preclude my participating in this event at the level that I choose. I am physically fit and capable of participating in this event at the level I choose. I understand that I can remove myself from participating in this event at any time I choose to do so.
- ✓ I do not expect Washington State Senior Games, its agents, volunteers, officers, employees, any partner cities or sponsors to coach, manage, instruct, or train me for this event. I recognize that it is my personal responsibility to learn, prepare, understand and obey the rules for this activity or event.
- ✓ Prior to participating as an athlete, I will inspect the facilities and equipment to be used and if I believe same to be unsafe, I will immediately report such conditions to the Sport Commissioner, Supervisor or Official connected with the Games of same and either decline to participate or assume the risk of participating.
- ✓ The undersigned expressly agrees that the foregoing Waiver and Release of all claims is intended to be as broad and inclusive as is permitted by the laws of Washington and that if any portion thereof is held invalid it is agreed that the balance shall notwithstanding, continue in full legal force and effect.
- ✓ Further, I grant full permission to use my photograph, picture, likeness and/or voice to appear in any official documentary, promotional (including any and all advertisements), television, radio or film coverage of the Games without compensation.
- ✓ I consent to all emergency medical treatment as may be deemed appropriate under existing circumstances by medical personnel or personnel associated with the Games.
- ✓ I, the undersigned, have carefully read and voluntarily signed this hold harmless Waiver and Release of all claims and fully understand its contents and meaning as full waiver and release of all claims, liability and indemnity for Washington State Senior Games, its agents, volunteers, officers, employees and any partner cities and sponsors.

I have read this Waiver of Liability and I agree to its terms.

PRINT NAME _____

SIGN NAME _____

DATE SIGNED _____

PAYMENT CALCULATION

Basic Registration Fee	select one	Total
I mailed my registration on or before May 20	\$ 25 <input type="checkbox"/>	
I mailed my registration after May 20	\$ 35 <input type="checkbox"/>	
Event Fee	select one	
I'm registering for 1 event	\$ 10 <input type="checkbox"/>	
I'm registering for 2 events	\$ 20 <input type="checkbox"/>	
I'm registering for 3 events	\$ 30 <input type="checkbox"/>	
I'm registering for 4 events	\$ 40 <input type="checkbox"/>	
I'm registering for 5 or more events	\$ 50 <input type="checkbox"/>	
I'm ordering a competitor t-shirt (style and size entered on the next page)	\$ 10 <input type="checkbox"/>	
I would like to make a donation to the Washington State Senior Games	Donation amount	
GRAND TOTAL		

Note: The event fee is based on the total number of **events** checked on your entry form.

PAYMENT INFORMATION

I'm paying by check

CHECK NUMBER
(If it's a Cashier Check or Money Order, you don't need to enter the check number)

I'm paying by credit card

AMOUNT PAID

CREDIT CARD NUMBER

EXPIRATION DATE (MM-YY)

CARD VERIFICATION CODE (ON BACK OF CARD) AMEX IS 4 DIGITS

SELECT YOUR EVENTS

CHECK THE BOX NEXT TO EACH EVENT YOU WISH TO ENTER

ARCHERY

ENTRY LIMITED TO ONE EVENT

- Barebow Compound
- Barebow Recurve
- Compound Fingers
- Compound Release
- Recurve

BADMINTON

- Singles
- Doubles _____
DOUBLES PARTNER
- Mixed Doubles _____
MIXED DOUBLES PARTNER

BALLROOM DANCE

Register using the [dance registration form](#)

BASKETBALL

- Hot Shot
- Free Throw

BEACH VOLLEYBALL

Register using the [team registration form](#)

BOWLING

Note: You can only bowl in one event per session

SESSION 1: SATURDAY, JULY 12 AT 1:00 PM

- Singles LIMIT OF ONE EVENT
PER SESSION
- Doubles _____
DOUBLES PARTNER FOR SESSION 1
- Mixed Doubles _____
MIXED DOUBLES PARTNER FOR SESSION 1

SESSION 2: SATURDAY, JULY 12 AT 3:30 PM

- Singles LIMIT OF ONE EVENT
PER SESSION
- Doubles _____
DOUBLES PARTNER FOR SESSION 2
- Mixed Doubles _____
MIXED DOUBLES PARTNER FOR SESSION 2

SESSION 3: SUNDAY, JULY 13 AT 1:00 PM

- Singles LIMIT OF ONE EVENT
PER SESSION
- Doubles _____
DOUBLES PARTNER FOR SESSION 3
- Mixed Doubles _____
MIXED DOUBLES PARTNER FOR SESSION 3

COWBOY ACTION SHOOTING

ENTRY LIMITED TO ONE CATEGORY

- | | | |
|--------------------------------------|---|-------------|
| <input type="checkbox"/> Traditional | <input type="checkbox"/> B-Western | ALIAS _____ |
| <input type="checkbox"/> Gunfighter | <input type="checkbox"/> Open Black Powder | |
| <input type="checkbox"/> Duelist | <input type="checkbox"/> Classic Cowboy/Cowgirl | |

CYCLING

- 5k Time Trial
- 10k Time Trial
- 40k Road Race
- 5k Time Trial - recumbent bike/trike (non-fairing)
- 10k Time Trial - recumbent bike/trike (non-fairing)

DISC GOLF

- 18-Hole Tournament (2 rounds)

GOLF

- 18-Hole Tournament
- | | |
|--------------------|--------------------|
| _____ | HANDICAP INDEX |
| FOURSOME PARTNER 1 | _____ |
| _____ | CARD NUMBER (GHIN) |
| FOURSOME PARTNER 2 | _____ |
| _____ | |
| FOURSOME PARTNER 3 | |

PICKLEBALL

For Pickleball, you must register for the Pickleball tournament on PickleballTournaments.com

If you are registering for Pickleball along with another sport or sports:

- Complete your registration and payment online for Pickleball first.
- Print, fill out, and mail an entry form along with your payment for the other sport(s).
- Please note on your entry form that you have already paid for Pickleball and list the events that you registered for online for Pickleball.
- For your fee calculation, you already paid your basic registration fee when you paid for Pickleball so just calculate the fees for the additional events.

If you have any questions, please call 360-413-0148 or email dianne@wasenior.games



SELECT YOUR EVENTS

CHECK THE BOX NEXT TO EACH EVENT YOU WISH TO ENTER

POWER WALKING

- 1500 meter Power Walk

RACE WALKING

- 5k Race Walk
- 1500 meter Race Walk

RACQUETBALL

- Singles
- Doubles _____
DOUBLES PARTNER

ROAD RACE

- 5k Run/Walk
- 10k Run

ROCK CLIMBING

- Individual

SHUFFLEBOARD

- Singles
- Doubles _____
DOUBLES PARTNER

SWIMMING

SEED TIME (YOUR LAST RECORDED TIME)

- 500 yd freestyle _____
- 100 yd breaststroke _____
- 25 yd butterfly _____
- 200 yd freestyle _____
- 25 yd backstroke _____
- *200 yd freestyle relay, mixed
- 50 yd freestyle _____
- 200 yd IM _____
- 50 yd breaststroke _____
- 200 yd backstroke _____
- 100 yd freestyle _____
- 400 yd IM _____
- *100 yd medley relay, mixed
- 100 yd butterfly _____
- 25 yd breaststroke _____
- 50 yd butterfly _____
- 100 yd backstroke _____
- 200 yd breaststroke _____
- 100 yd IM _____
- 25 yd freestyle _____
- 50 yd backstroke _____
- 200 yd butterfly _____

* = NO FEE FOR RELAYS

TABLE TENNIS

- Singles
- Doubles _____
DOUBLES PARTNER
- Mixed Doubles _____
MIXED DOUBLES PARTNER
- Random Draw Doubles
- Giant Round Robin

TENNIS

- Singles _____
TENNIS LEVEL
- Doubles _____
DOUBLES PARTNER
- Mixed Doubles _____
MIXED DOUBLES PARTNER

TRACK & FIELD

- 50 m
- 100 m
- 200 m
- 400 m
- 800 m
- 1500 m
- High Jump
- Long Jump
- Triple Jump
- Pole Vault
- Discus
- Javelin
- Shot Put
- Hammer Throw _____
- Weight Throw _____
USATF # (HAMMER & WEIGHT THROWS ONLY)
(BC ATHLETIC CARD IS ACCEPTED)

TRAP SHOOTING

- 16 yard Singles (100 targets)

WALKING SOCCER

Register at <https://stayfitsoccer.com>

